GUIDE TO MANAGING VIRTUAL LEARNING FOR STUDENTS AND PARENTS

AARHUS INTERNATIONAL SCHOOL

DAILY ROUTINE

Continue focusing on finding a daily routine that works for you and your family. From wake-up, to breakfast, and breaks throughout the day, we encourage families to work on finding a system that makes sense for them. If it's not working, try again or ask for guidance.

FLEXIBLE SCHEDULING

Stay connected and informed on the weekly plans being shared by your teachers on Managebac, Seesaw or Microsoft Teams. Focus on short blocks of work time; break it down by subject area; prioritise live sessions or meetings with teachers. Take breaks when you need them!
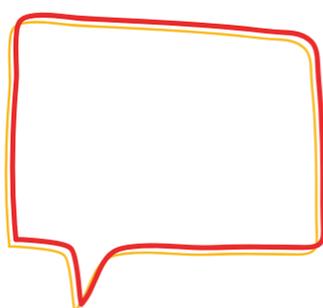
COMMUNICATION MATTERS

Are you stuck? Feeling overwhelmed? Confused? Your teachers can't see your reactions like in a normal classroom, so it's important that you communicate and reach out! We're ready to help but you need to use your voice if something is not working!

DIGITAL CITIZENSHIP

Be Responsible - Show up on time for meetings, follow agreements for acting safe online; let a parent or teacher know if you need help with online platforms.
Be Caring - Connect with and check-in on your friends and classmates; keep it positive and supportive.
Be Respectful - Follow through on agreements, submit work on time, do your part for group work, try your best!
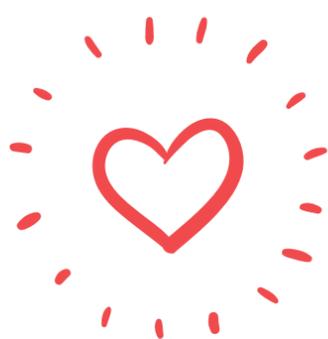
STAYING BALANCED

Eat healthy, get exercise and fresh air each day, balance screen time, spend time with your family, connect with family and friends in your home country, play games, dance, build a fort ... take care of yourself!

MANAGING EMOTIONS

Being away from school and out of routine is hard - for grownups and for kids. Many students are worried about the coronavirus and many are missing friends and family in their home countries. It's important to talk about our thoughts, worries and feelings with people that we trust and feel safe with. It is ok to have easier days and harder days - you are not alone!

WE ARE SO PROUD OF YOUR HARD WORK!
WE HOPE TO SEE YOU BACK AT SCHOOL SOON.